

Students Rotators, Welcome to Denver!

*EM Healthcare Disparities
Externship Scholarships
Generously Supported by
Our Clinical Rotation Sites:*



Here's a little primer to help your first day go a little smoother.

What to expect:

Traditional EM Rotation	Under-Represented Scholars Elective
<ul style="list-style-type: none">• 15 clinical shifts, 9 at primary location- Denver Health. 6 at University.• Grading: Pass/Fail• Grading Distribution: 80% Clinical, 20% SAEM Test	<ul style="list-style-type: none">• 13 clinical shifts, 7 at Denver Health, 6 at University.• Community Service Project• Grading: Pass/Fail• Grading Distribution: 50% Clinical, 30% community service, 20% SAEM test

- Monday morning didactics from 8am-12pm; Conference every Wednesday from 7:30a-12p
- SAEM Test on the last Monday of the clerkship rotation.
- You will have a resident "Advisor"
- **Which residents am I on shift with?** Visit www.amion.com and login using "dhrem"

Start of Shift:

- Join team for rounds at 7am, 3pm, and 11pm.
- Meet with senior after rounds for assignment location.
- At Denver Health, after rounds, join other students and interns in a 30-minute interactive teaching session taught by one of the attending physicians.
- Obtain sign out from the off going student in your zone.
- Sign up for patients not in the acute resuscitation rooms (front rooms).

On Shift:

- Notify senior within 5 minutes about patients with EKG, vital sign abnormalities, ill appearing, or high-risk chief complaints (CP, SOB, neurologic deficits).
- When acutely ill or injured patients arrive (acute resuscitation room patients), feel free to join the team in assisting. Helpful areas include assisting with a FAST exam, or performing chest compressions.
- Perform H and P, and obtain collateral information.
- Develop a differential of top 5 things, arranged in order of most to least life threatening.
- Develop your anticipated workup
- Present H and P, differential, anticipated workup and likely disposition to your senior. Bring patients chart, all EKGs when discussing with senior.
- Initiate work up after staffing, and touch base with patient's nurse to inform them of plan.
- Continue to monitor results of test, and update your senior on all resulted lab work, EKGs, imaging and effects of any interventions.
- Discuss calling consults with senior
- If patient workup still ongoing during shift changes, sign out patient to oncoming student.

Procedures:

- Pelvic exams require senior supervision, and nursing supervision (at UH). Have speculum, working light, GC and wet prep swabs, lubricant set up in room before getting senior.
- Consider all simple lacerations your territory. Numb and irrigate patients. Discuss repair with supervising physician prior to initiation.

Patient Disposition:

- Ensure all tests/studies have returned.
- Notify patient of results and final plan.
- Discharge instructions on chart, scripts on chart (attending signed).
- Discharge instructions should include: CC, tests patient underwent, final diagnosis, return precautions, when and where to follow up.
- Complete all charts prior to leaving shift.

Tid Bits:

- Arrive 10 minutes early, introduce yourself to the staff, get settled and ready to have a rocking shift.
- Be extra nice to the nurses and techs. They know how everything runs and where everything is better than the residents.
- OWN your patients. If your name is on a patient, you are providing excellent care. You are on top of the lab results, aware if the x-ray has been done yet, reassessing if they are feeling better. Try to beat your senior to knowing when things are back.
- Think QUALITY, not quantity on shift. Better to take super good care of a few patients than seeing a high volume.
- Hang with the residents for post-overnight brunch; Post-swing pizza at Atomic Cowboy; Post- day shift happy hour.
- Have fun, be a sponge!

Phone a Friend?

Traditional EM Rotation	EM Healthcare Disparities Externship
<ul style="list-style-type: none">• Dave Richards (Course-Director) 303-602-5190• Brooke Baker (Interim Clerkship Coordinator /Residency Coordinator) 303-602-5176	<ul style="list-style-type: none">• Jeremy Collado (EM2) 561-827-8566• Jamal Taha (EM3) 832-620-3574• Christy Angerhofer (Residency Program Coordinator) 303-602-5183



We're Glad to Have You Here!

Learn more about our program at:

www.DenverEM.org



Other Important Information:

Badges = Received during orientation.

Parking = Free parking in Patient/Visitor Lot on Delaware & 6th (west of Bannock)



Door code for everything in the ED = 1976#

Other Important Information:

Health Information Technology Help Desk = 720-848-4000 (x84000 on-campus)

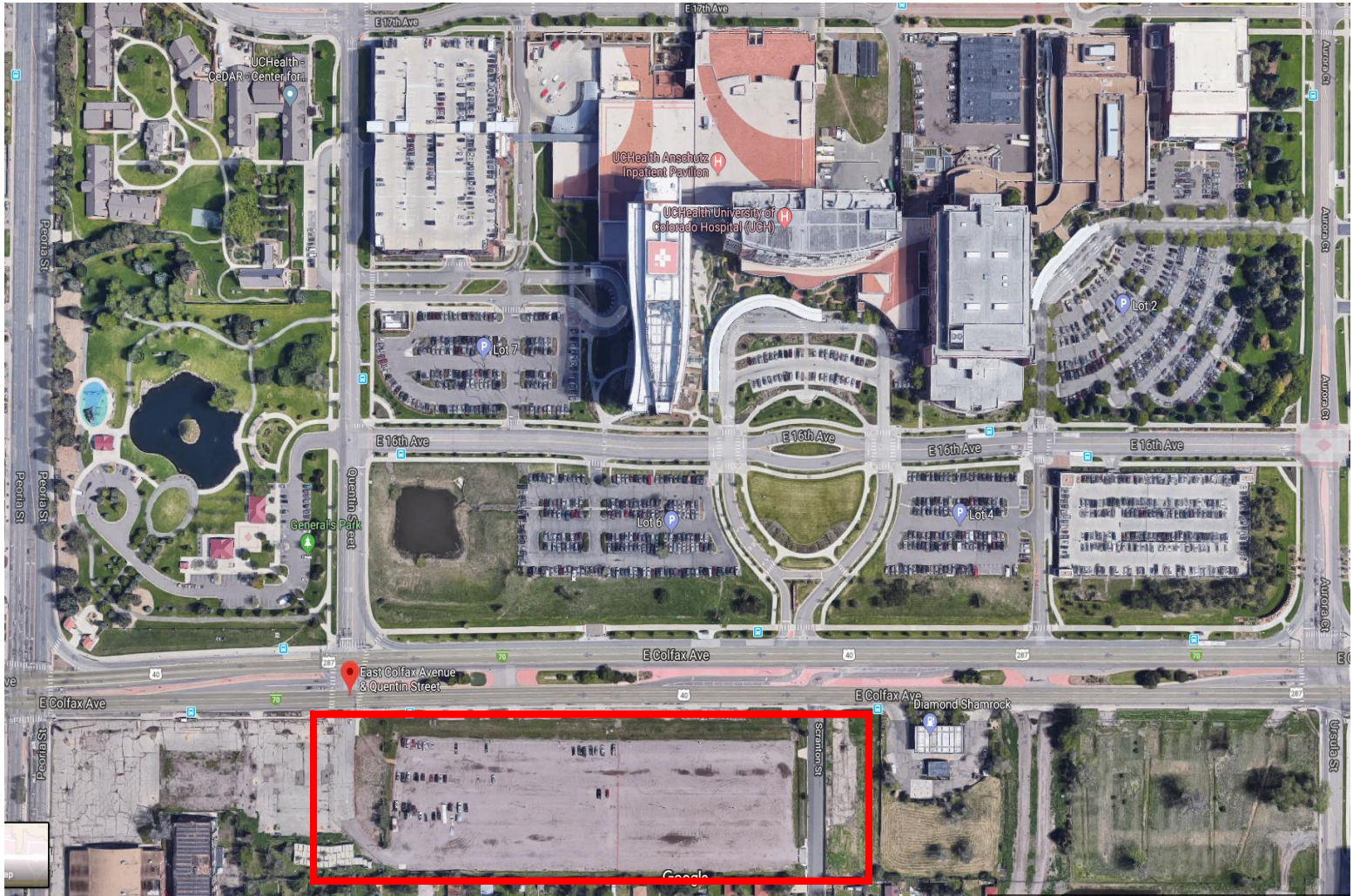
Badging Office = Entrance in ground-level stairwell of parking garage adjacent to the Leprino Building (12401 E. 17th Ave Pkwy, Aurora, CO, 80045)

Scrub Machine = Take the cross walk from the Leprino Parking Garage to the hospital. From the second floor, take another flight to the third floor. Take the first right through the employee only double doors. There are scrub machines in the hallway to the right. Scan your badge to access. You are allotted 4 items (ie: 2 pairs of scrubs).

Elevators = The ED and the Conference Center where didactics are held are both closest to the “E” elevators in the hospital.

Parking= There is a gravel lot right across the street from the hospital that the students can park in for free. It's on Quentin on the south side of Colfax. This lot is lit, but there are no shuttles. Additionally, the students leaving at night can call security for a free escort to their vehicle if they wish/

<http://www.ucdenver.edu/anschutz/about/location/Police/PoliceOperations/Pages/PoliceEscorts.aspx>



Other parking options include:

- Student parking on campus is currently \$38/month. We will prorate for half the month before or after the 15th if parking is not needed for the entire month.
- Fitzsimons Redevelopment Authority and the City of Aurora lease land just north of Montview on Victor. We offer this lot only to students at a rate of \$12/month. This would be the best option for those who drive to campus and don't mind the short walk across Montview.
- Free Night and Weekends parking. Students can park for free on campus in permit lots from 6p-6a and all day on the weekends.
- Within the last year UCH has connected the campus with the R Line rail shuttle from the Fitzsimons Rail Station on north Fitzsimons Parkway. Currently this shuttle service runs 5:30a-8:00p and stops at 6 locations on campus. The connectivity from the R Line to the H and A Lines allows passengers to commute from all over the Denver Metro area and avoid parking on campus altogether.
- We realize that commuting to campus by either RTD buses or rail lines can leave some people feeling stranded in the event they need to run an errand. UCH has worked to bring both Car2go and Zip Car to campus for this very reason. This service is available for all faculty, staff and students on campus. All you have to do is download the app to establish an account and take advantage of the discounted rates to use either a Car2go or Zip Car service.
- There is also an intercampus shuttle between Anschutz, the VA, National Jewish Health, and downtown. This is a free service for anyone with a University ID (CU SOM students only) to commute between locations. The service runs 10 minutes after every hour from 7:10a at Anschutz and 8:10a downtown at the Lawrence Street Center.



Things to Do & See in Denver

Awesome Coffee Shops:

- Denver Bicycle Cafe (Uptown)
- Thump (Capitol Hill and on DH campus)
- Purple Door (Rino)
- Huckleberry Roasters (Rino)
- Crema coffee house (Rino)

Culture:

- Live Jazz— El Chapultapac
- First Friday Art Walks on Santa Fe (stone's throw from Denver health, food trucks and art galleries)
- Clifford Still Museum
- Museum of Contemporary Art (great rooftop)

Outdoors:

- Cheesman Park/City Park/Wash Park
- Mathew Winters Park (great trail run, 20min from Denver)
- Apex Loop (great trail run, mountain biking, 20 min from Denver)
- Tubing the Confluence (near REI, small rapids to float down)
- Evergreen (Elk Meadow, nice hiking/trail running/mountain biking 30 min from Denver)
- Boulder (Flat Irons! great hiking; Boxcar Coffee for study/coffee; go tubing!)
- Indian Peaks (1.25 hours away, lovely mountains)

Food:

- Atomic Cowboy/Denver Biscuit Co. (great pizza for lunch/dinner; even better biscuits for brunch; near City Park or south Broadway)
- Vietnamese
 - New Saigon Restaurant (great Banh Mi and everything else Vietnamese)
- Chinese
 - Star Kitchen (Dim Sum)

- Japanese
 - Domo Restaurant (Country style Japanese; not sushi)
 - Sushi Den (\$\$\$, but delicious)
- New American (ton of it here)
 - Populist is my fave.
- Brunch
 - Jelly (good ol classic brunch, capitol hill)
 - Olive and Finch (uptown)
 - Sassafrass (highlands, southern/cajun style)
 - Devil's Food Bakery (Wash park, southern)
 - Beast+Bottle (french, uptown)
- Ethiopian:
 - Abyssinia Ethiopian Restaurant (great \$1.25 scoops for lunch)
 - Queen of Sheba (deemed best Ethiopian around)
- Mexican
 - Torta Grill (Colfax, delicious, cheap Mexican sandwiches)
 - Pinche Tacos (good HH, fancy mexican)

Farmer's Markets:

- Cherry Creek (Saturdays)
- City Park (Sundays)
- Boulder Farmer's Market (Saturdays)

Breweries, wineries, cideries:

- Ratio
- Station 26
- Great Divide
- Black Shirt Brewing Company
- Renegade
- Our Mutual Friend
- Infinite Monkey Theorem (Winery)
- Stem Ciders (cider)
- Thousands more...